# AGEING COMFORTABLY

Here you can find useful information for senior citizens in Villeréal.



# CLUB DU SOURIRE - THE SMILE CLUB

This association, enables its healthy number of members – almost 250 – to enjoy spending time participating in a variety of activities : gym, belote & petit loto (card games), several day–long outings, an annual trip, relaxing afternoons tasting the galette des rois (a New Year cake eaten throughout January), afternoons of entertainment, a Christmas meal, more serious lotto in the Francois Mitterand hall and even more leisure activities – a variety which should suit everybody.

Lucette Wadowski - Tel : 05 53 36 70 44 Email : wadoluce@laposte.net

Find the activity or the club which best suits you by consulting <u>our paragraph on Associations.</u>

# **LES SENIORIALES**

These dwellings, open since 2007, are intended for autonomous over-60 year olds. They consist of one-level houses for sale or rent equipped with a communal club house, sports hall, bowling-alley and swimming pool. An organiser (f) and a care-taker/gardener are on the premises facilitating social links, conviviality and security. These premises are also close to the village shops and services.

#### Allée Montlabour - Tel : 05 62 47 86 10

Website: https://www.senioriales.com/louer/nouvelle-aquitaine/senioriales-de-villereal



## LOGEMENTS MONTLABOUR - THE MONTLABOUR HOUSING

The municipality owns ten dwellings in the Allée des Fleurs in the Monlabour area, near the football fields and Lake Malgravière. These one-level houses which are equipped to make life easy (with wide doorways, ramps etc.) are rented by the commune primarily to senior citizens and people with limited mobility. Parking is available just opposite the housing.

For Information : Villeréal Town Hall (Mairie) - Tel: 05 53 36 00 37

## MAISON PARTAGÉE – SHARED HOUSING

This shared housing for senior citizens enables older people or those with limited mobility to have access to several services (meals, household upkeep, shopping.....), but mainly to benefit from a partially-communal living space. This housing consists of eight rooms each with its own bathroom.

Castillonnès Road (Route de Castillonnès) - Tel : 06 73 03 74 96 Web site: <u>www.maisonpartagee-villereal.fr</u>

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# ADMR

This association provides help for domestic chores and helpers for life in general, as well as delivery of meals. It takes care of all administrative formalities.

### Maison de Santé - Boulevard des Ducs de Biron - Tel : 05 53 36 68 45

Email : asso.villerea@fede47.admr.org

### **SSIAD**

The Villeréal SSIAD (Service de Soins Infirmiers à Domicile – Nursing Care at Home Service) caters for 30 individuals over-60 years old from the Villeréal communes. It is a social and medical-social which helps patients to remain at home. It provides, when medically prescribed, nursing and general hygiene care as well as assistance with essential day to day activities

1 Vergnes Road (1 route de Vergnes) - Tel : 05 53 36 03 04

### **EHPAD PIERRE GRENIER DE CARDENAL**

The Villeréal EHPAD (Etablissement d'Hébergement pour Personnes Agées Dépendantes - Home for Elderly Dependent People) is a retirement home with medical facilities designed to accept residents who have lost their independence. This organisation is suitable both for autonomous senior citizens and those whose physical and mental faculties have changed. To be accepted at the EHPAD you must be at least 60 years old and be in need of daily care and help in carrying out everyday activities. Financial help can be granted for payment of certain expenses. The special feature of the Villeréal retirement home is, that since mid-2021, it has been integrated into a communal management group along with five establishments in the Dordogne (Beaumont du Périgord, Eymet, Lalinde, Monpazier and Cadouin). This organisation permits the sharing of management posts but also, in particular, that of coordinating doctor. The home can accept 90 residents and has 62 employees.

#### 1 Vergnes Road (1 Route de Vergnes) - Tel : 05 53 36 02 62



